

BLUE EARTH COUNTY

Effectively and Efficiently **Delivering Essential Services**

www.blueearthcountymn.gov

February 8, 2023

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To members of the Honorable 93rd State of Minnesota Legislature,

I am writing this letter on behalf of Blue Earth County Human Services to support Minnesota H.F. 586, which would appropriate funding to the Center for Rural Behavioral Health at Minnesota State University, Mankato to establish a mental health training clinic.

By every statistical measure, the mental wellbeing of Minnesotans has never been worse. These measures are seen in real people, every day, in virtually every program served by our human service agency, from child protective services to services for our older adults to economic support services. The wait time for traditional outpatient therapy services is up to one year with many providers in our area, and this delay in access to services can result in preventable usage of crisis and emergency level mental health services. Simply stated, access to behavioral health services has never been more difficult. This pain is felt across the entire state but is disproportionately worse in greater Minnesota due to workforce constraints of this specially trained workforce.

The Center for Rural Behavioral Health training clinic would provide a workforce development opportunity that would help grow the number of behavioral health professionals who will serve the current, and next generation of Minnesotans. At the same time, this community facing training clinic would help continue to meet an unmet need of providing mental healthcare services for the residents of southern Minnesota.

While H.F. 586 won't solve all the mental health challenges facing our state, it will go a long way to ensure that those who call greater Minnesota home, will have access to mental healthcare when they need it.

Thank you,

Human Services Director

Blue Earth County

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Historic Courthouse

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PO Box 228

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County Attorney

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Probation

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Library

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